

40

Years of Service

L I N C O L N P R I M A R Y C A R E C E N T E R I n c .
S O U T H E R N W E S T V I R G I N I A H E A L T H S Y S T E M

Annual Report 2015



Lincoln Primary Care Center Inc.
Southern West Virginia Health System
A Company of LPCC

A Message from our CEO

As CEO of Southern WV Health System, a company of Lincoln Primary Care Center, Inc., I am pleased to present our annual report for your review. This year marks another historical milestone for our organization as we celebrated our 40th year of operation on June 30. With that comes a time for reflection, celebration and preparation for future years that will have a major impact on the communities we serve. I am proud that our organization has made enormous strides in adapting to the many changes in health care so that we can better serve our patients and remain a viable organization that will continue to provide sound employment and create substantial economic impact in our region. I have always viewed this organization as a vital component to the communities we serve and want it to be able to sustain its position as a leader, innovator and model for quality care. You will continue to see many changes in the future as we move our mission forward. Those changes include new facilities and programs to create and improve access, new technology to track and improve the quality of care we provide, and new faces and new partnerships alongside familiar faces and long-term partnerships to create a fully integrated health care system. At the end of the day, my hope is that in whatever capacity, you will continue to support Lincoln Primary Care and Southern West Virginia Health System and help us continue to make it into a well-rounded organization that continues to meet every need it possibly can while staying true to our mission.

A Message from our Medical Director

Each year in our annual report I reflect back over the last year, and as we have just celebrated our 40th anniversary, it would seem natural for me to do more of the same. Instead, I want to take this opportunity to mention how we are poised to retake a leadership role in rural primary care both in West Virginia and in the country. Our recent growth, our ground breaking for a new facility in Man, along with our already existing sites, allow us to better provide important services such as primary care, pharmacy and pulmonary rehabilitation to areas in desperate need of those services. Our quality improvement efforts and our NCQA Patient-Centered Medical Home Recognitions show our commitment to providing compassionate, high quality health care to our communities in southern West Virginia. In a time of many questions in health care, we believe there is an answer for today and tomorrow in our region. That answer is Lincoln Primary Care Center and Southern West Virginia Health System.

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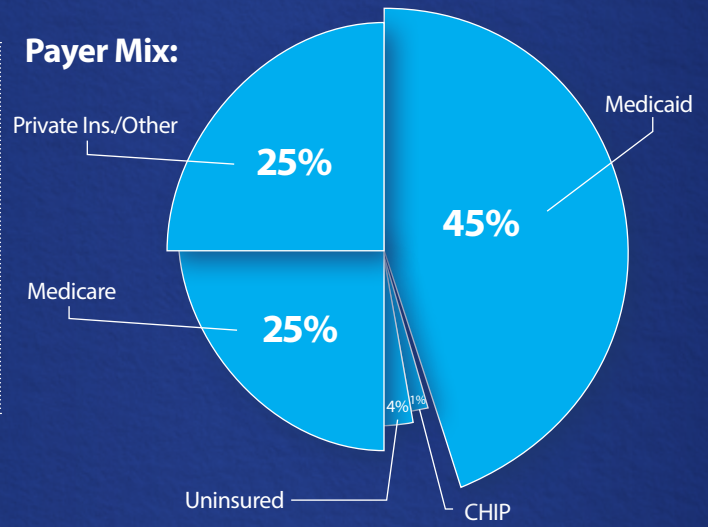


Employees:
155

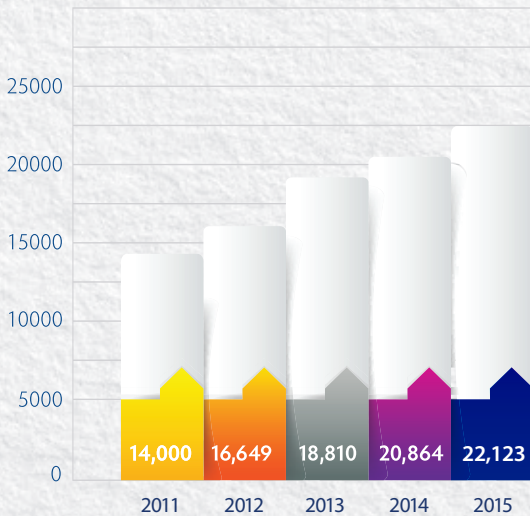


Prescriptions Filled: 139,520
 Man: 35,916
 LPCC: 42,215
 Sand Plant: 61,389

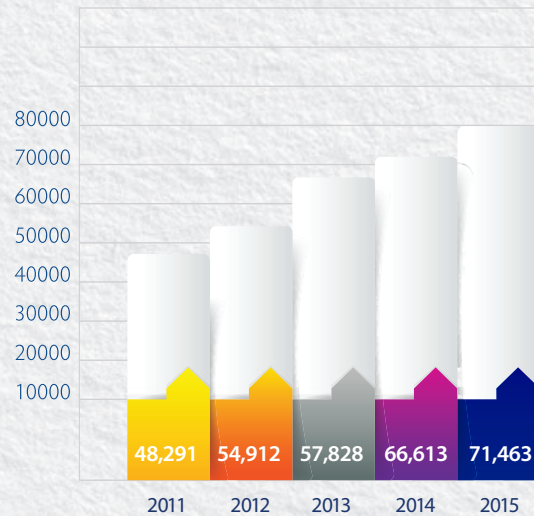
Payer Mix:



Patients by Year:



Patients Visits by Year:



MAMMOGRAM SCREENINGS:
332



EARLY PERIODIC SCREENINGS, DIAGNOSIS AND TREATMENT:
1,461



FREE SPORTS PHYSICALS:
1,250



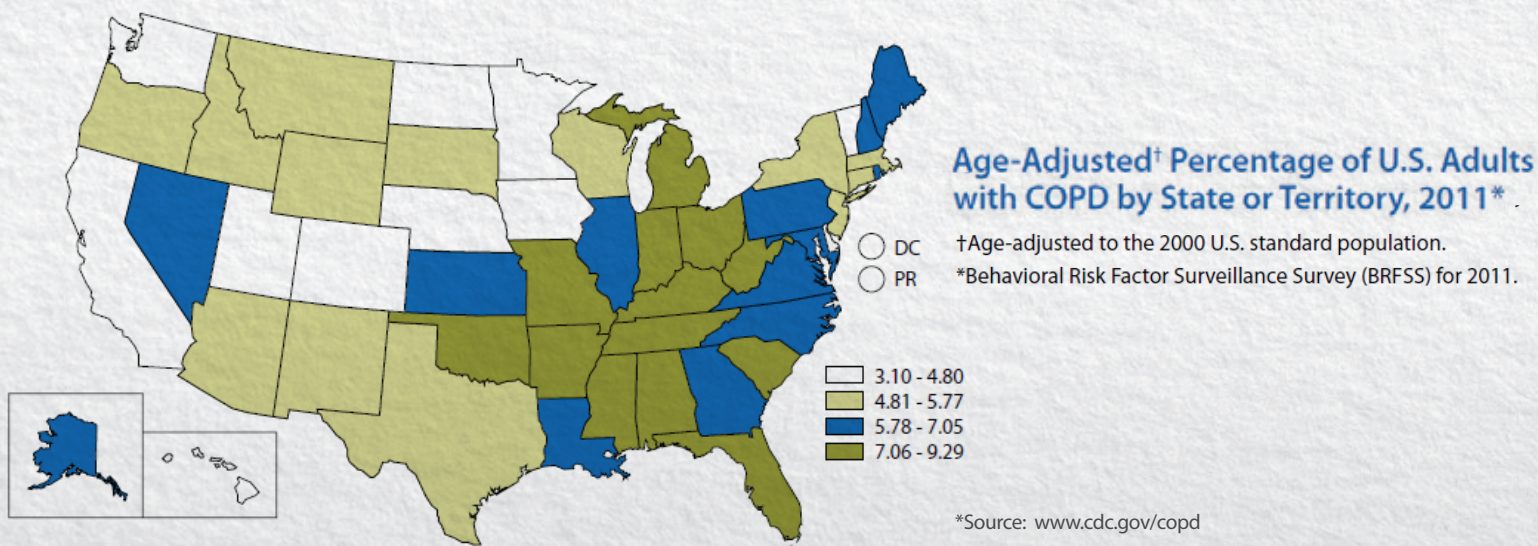
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Introducing the Grace Anne Dorney Centers for Pulmonary Rehabilitation

Among the greatest health concerns for West Virginians is Chronic Obstructive Pulmonary Disease (COPD). COPD is the name for a group of diseases, including emphysema, chronic bronchitis, and black lung disease, that restrict air flow and cause trouble breathing. The disease is so prevalent that 8.9 percent of West Virginians surveyed in 2011 reported having been told by a health care professional that they have COPD.* The good news is that while there is no cure for COPD, treatment exists that can prevent worsening of the disease.

Lincoln Primary Care Center and Southern West Virginia Health System are proud to be a part of the solution for those in our service area suffering from COPD. Thanks to the Grace Anne Dorney

Koppel Foundation and the Claud Worthington Benedum Foundation, our organization has launched two pulmonary rehabilitation centers, one is based in Hamlin and the other in Man. Modeled after other Grace Anne Dorney Koppel Foundation pulmonary rehabilitation programs in West Virginia and with feedback provided by John Hopkins University, our pulmonary rehabilitation services focus on education and exercise to minimize patients' episodes of feeling breathless and reduce the need for hospital care. Smoking cessation will be an important part of the program, as will teaching patients about how the breathing system works, exercises to improve breathing, proper use of medications, relaxation techniques and education about proper diet. The program is actively accepting patients.



Expanding Behavioral Health Care Services

Recognizing the importance of our patients' mental health and well-being, Lincoln Primary Care has for 15 years been a pioneer in the integration of behavioral health care with primary medical care. Making behavioral care services available to patients in the same place they receive their medical care is more than just a convenience. It is a step toward removing the stigma too often associated with seeking behavioral health treatment and a step toward providing truly integrated care for both body and mind.

Through HRSA grant funding, our behavioral health care program has extended beyond our Hamlin site to now include service opportunities at Southern West Virginia – Sand Plant. Behavioral health services will be available at Southern West Virginia Health System – Logan in late 2015 as well. Our program is supported by licensed behavioral health professionals and case managers who offer patients treatment for depression, substance abuse and many other behavioral health disorders.

Groundbreaking of New Clinic in Man

Southern West Virginia Health System, a Lincoln Primary Care Center company, officially broke ground April 27 on a new 10,000 square-foot outreach clinic it plans to construct in Man, WV. Sharing in the moment were community members, business leaders and government leaders that included Governor Earl Ray Tomblin, Senator Art Kirdendoll, Senator Ron Stollings, M.D., and Congressman Evan Jenkins.

While Southern West Virginia Health System has served patients in Man since 2010, the new outreach clinic, which is slated for completion in late 2015, will allow Southern West Virginia Health System to advance care and further meet the health care needs of the community in the future. The project is the culmination of a long-term joint effort between Governor Tomblin's office, the Logan County Commission and Southern West Virginia Health System's lead agency, Lincoln Primary Care Center.

The new Southern West Virginia Health System outreach clinic, will be located adjacent to the current Southern West Virginia Health System health center, and when complete, will have 12 examination rooms, a 340B pharmacy, digital x-ray capabilities and a reference lab. The new facility will allow Southern West Virginia Health System's existing COPD and Black Lung program to be expanded, and the facility will also house a community room where a variety of outreach and health-focused programs will be hosted.

All seven of the medical and pharmacy providers who currently serve the Man community look forward to transitioning to the new site upon its completion.



Caring For The Community



F.I.T. Camp – F.I.T. Camp stands for “Families in Touch” and promotes healthy lifestyle choices by focusing on nutrition, physical activity and overall well-being for the whole family. This year’s F.I.T. Camps served _____ participants. Of the _____ participants, _____ were adults or parents of the attending children. The F.I.T. Camps were held in _____

Relay for Life – The fourth Lincoln County Relay for Life, held at the Lincoln Primary Care W.E.L.L. Center and track was more than a success. We had 22 teams, 427 individuals and 91 survivors participate. To date we have raised \$32,420.73 to benefit the American Cancer Society.

Senior Lunch Program – Lincoln Primary Care Center hosts a Senior Lunch Program in its W.E.L.L. Center as a means of ensuring good nutrition, health education and socialization for area seniors. To qualify, participants simply have to be 55 years of age or older. Hosting 52 seniors on a daily basis, the Senior Lunch Program operated 260 days this past year and served 13,661 lunches. This program is funded in whole by Lincoln Primary Care Center and donations from community members.

Sunday in Pink Walk for Women – The tenth annual Breast Cancer Walk, Sunday in Pink, was once again a huge success. The Walk for Women, which took place on the Lincoln Primary Care Center walking track, attracted many community members and raised over \$2,000. The money was donated to the West Virginia Breast and Cervical Cancer Diagnostic Treatment Program.





Relay for Life



Senior Lunch Program



Heat'n the Hill Health Fair and Chilifest

Heat'n the Hill Health Fair and Chilifest – The 10th annual Heat'n the Hills Health Fair and Chilifest experienced a record-breaking crowd for the Georgia Satellites show with over 1,200 people. There were 22 chili contestants which helped in the fundraising of over \$13,000 to support the Lincoln Primary Care Center Senior Lunch Program.

W.E.L.L. Center Activities – The Wellness, Education, Lifestyle and Learning (W.E.L.L. Center) has a vast array of activities and outreach programs that include a Senior Lunch Program, exercise classes, a comprehensive weight room and fitness center, "living well" education sessions and after-school prevention programming. The weight room and fitness center encountered 6,607 visits last year.

WVHIT – For the fifth straight year, Southern West Virginia Health System was the main sponsor of the West Virginia Hometown Invitational Tournament. The tournament gives rural, West Virginia high school basketball teams the chance to play in a statewide competition. In February 2015, 20 teams from rural West Virginia communities competed against one another at the Summersville Arena and Conference Center. The tournament offers student-athletes the opportunity to play in a large venue on an even playing field.

Marshall University Joan C. Edwards School of Medicine Partnership – Lincoln Primary Care Center has partnered with the Department of Family and Community Health at the Joan C. Edwards School of Medicine at Marshall University for over 30 years. The foundation of that partnership is Lincoln Primary Care Center's hosting of the Rural Track of the Family Practice Residency program which exposes doctors specializing in family practice to patients in a rural setting in Hamlin. Lincoln Primary Care Center also hosts residency rotations in outpatient adolescent medicine and pediatrics as well as medical student rotations.

WV School of Osteopathic Medicine Partnership – Southern West Virginia Health System continued to strengthen its partnership with the West Virginia School of Osteopathic Medicine (WVSOM) by offering third-year students the opportunity to experience rural medicine first-hand. This is the fourth year that Southern West Virginia Health System has provided preceptors to oversee the clinical activities of WVSOM students at its sites.

UC School of Pharmacy Partnership – This past year, Lincoln Primary Care and Southern West Virginia Health System have housed 12 students from the University of Charleston Pharmacy School. The students participated in community retail rotations, each rotation lasting five weeks. This program gives pharmacy students a hands-on experience that will teach them how to manage and handle day-to-day pharmacy operations.



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Years of Service

Hamlin **304.824.5806**

7400 Lynn Ave.
Hamlin, WV 25523

Greg Elkins, MD
Bob Walker, MD
George McKay, MD
Michael Gibbs, MD
Lucia Soltis, MD
James Rollins, MD
Courtney Kovach, PA-C
Mike Grome, PA-C
Pam Frye, PA
Brandi Bell, RRT
Allen Chamberlain, MD

Chapmanville Regional High School **304.855.0245**

200 Vance St.
Chapmanville, WV 25508
Nicole Ellis, PA-C

Delbarton **304.475.1761**

5027 Helena Ave.
Delbarton, WV 25670

Martin Codispoti, NP
Amelia Santiago, MD
Sharon Dingess, NP

Duval **304.524.9242**

5304 Straight Fork Rd.
Griffithsville, WV 25521
Rena Christian, NP

Gilbert **304.664.6270**

202 Larry Joe Harless Dr.
Gilbert, WV 25621
Chris Kelly, PA-C
Sharon Dingess, NP
Chad Adkins, DO
Amelia Santiago, MD

Guyan Valley Wildcat Center **304-824-5707**

5332 McClellan Ave.
Branchland, WV 25506
Victor Lahnovych, MD
Charles Vance, DO

Lincoln County High School **304.824.6090**

81 Lincoln Panther Way,
Hamlin, WV 25523
Karen Mantz, PA-C

Logan **304.752.8081**

122 Nick Savas Ave.
Logan, WV 25601

Rafael Rodigherio, PA-C
Sharon Dingess, NP
Lisa Kelly, NP

Logan Wildcat Center **304.688.9949**

One Wildcat Way
Logan, WV 25601

Mary Phipps, NP
Lisa Haddox, DDS

Man **304.583.8585**

650 East McDonald Ave.
Man, WV 25635

Chris Tipton, PA-C
Amelia Santiago, MD
Shawn Cline-Riggins, NP
Johnny Mullins, CRT
Chad Adkins, DO

Sand Plant **304.756.1500**

1563 Sand Plant Rd.
So. Charleston, WV 25309

Adam Breinig, DO
Chad Adkins, DO
Lisa Queen, NP
Jackie Ranson, NP
Andi Byrd, Behavioral
Health Consultant

